



THE EARLY LEARNING

— L I N K —

PHYSICAL DISTANCING ACTIVITIES II

TN-ELDS

Birth - 48 Months:

Approaches to Learning: Engages & Interacts: AL.37-48.1: Demonstrates increasing interest in interaction within his environment.

Approaches to Learning: Engages & Interacts: AL.0-12.3: Demonstrates some awareness of familiar people and activities.

Creative Arts: Music: CA.13-24.1: Respond to and show preference for certain sounds.

4 Year Olds:

Creative Arts: Music: PK.CA.5: Create and perform using voice, traditional instruments, and/or non-traditional instruments.

Creative Arts: Visual Arts: PK.CA.2: Create artistic works with intent and purpose using varying tools, textures, color, and technique.

Writing Standards Production and Distribution of Writing – Standard #4 W.PDW.4: Produce clear and coherent writing in which the development and organization are appropriate to task, purpose, and audience.



KY-ELDS

Birth - 3 Years:

Cognitive Standard 1: Explores the environment to gain information. Benchmark 1.4: Recognizes characteristics of people and objects.

Cognitive Standard 1: Explores the environment to gain information. Benchmark 1.1: Demonstrates curiosity in the environment.

Creative Expression Standard 1: Demonstrates interest and participates in various forms of creative expression. Benchmark 1.3: Enjoys & engages in music.

3-4 Year Olds:

English/Language Arts Standard 4: Demonstrates competence in the beginning skills & strategies of the writing process. Benchmark 4.1: Understands that the purpose of writing is communication.

Arts and Humanities Standard 1: Participates and shows interest in a variety of visual art, dance, music, and drama experiences. Benchmark 1.3: Develops skills in and appreciation of music.

Creative Expression Standard 1: Demonstrates interest and participates in various forms of creative expression. Benchmark 1.1: Enjoys and engages in visual arts.



INDOOR ACTIVITY / CRAFT

PAPER CUP TELEPHONES

(Understanding sound waves)



YOU WILL NEED:

- (2) Paperclips
- (2) Paper Cups
- 3 Yards (2.7 meters) of String
- Pin

1. Make a hole in the center of the base of both cups, using the pin.
2. Tie one paperclip to one end of the string.
3. Pull the other end of the string through the hole in one of the paper cups. The paperclip should be inside the paper cup.
4. Insert the free end of the string into the hole in the bottom of the second paper cup. Insert it from the outside of the cup.
5. Pull enough string through the hole to enable you to tie the second paperclip to the end of the string.
6. Pull the cups apart so that in each cup the paperclip rests flat on the floor of the cup and the string is taut

TN-ELDS

Birth - 48 Months: Approaches to Learning: Engages & Interacts: AL.37-48.1: Demonstrates increasing interest in interaction within his environment.

KY-ELDS

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TN-ELDS

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Infants:

Have infants watch you talk on a pretend phone. They will love the inflections in your voice as you have a “conversation” on the phone. Also you may place a toy phone in their hand and allow them to explore the phone’s features such as the lights, buttons and ringtone. Some may even have their own conversation on their own. This activity may increase their language skills.

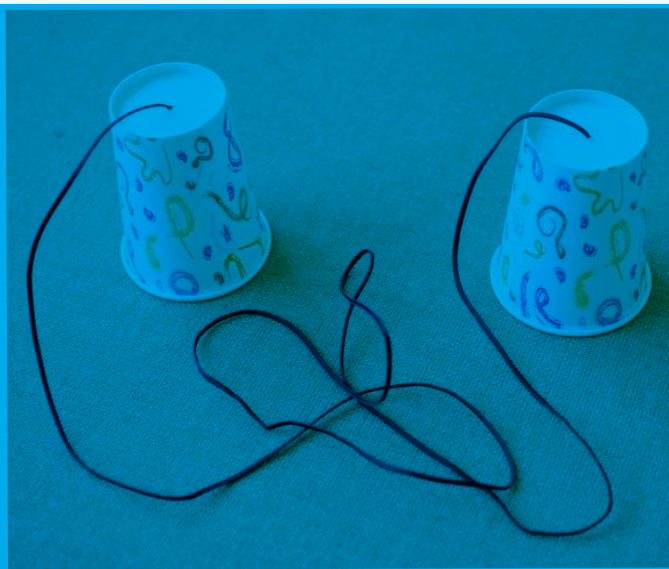
Toddlers:

Have children make a telephone using a paper cup. They will learn how sound travels. While standing 6 feet apart, children will be able to talk on the phone with one another.

School Aged:

They can also enjoy making a paper cup telephone as well as learn about sound vibrations by using a boom box. Hold a blown-up balloon in front of a boom box speaker and turn up the volume. Observe what happens to the balloon when the volume is turned up. Place a paper plate with small pieces of paper on it on top of the boom box. Observe what happens to the pieces of paper as you turn up the volume. After the activity is done, have the children write out what they observed.

This activity will teach children about sound waves, communication & team work.



INDOOR ACTIVITY / CRAFT MAKING A BAND



YOU WILL NEED:

- Cardboard tube 18" (206 cm) or longer.
- 1" (2.5 cm) strips of light card board/stock
- Masking tape
- Scissors
- Plain scrap paper, cut into 2" - 3.5" (9 cm) diameter circles
- ¼ cup (4 in 3) raw rice
- Stickers
- Color markers
- Funnel

Visit link belows for step-by-step instructions along with pictures to guide you as you and/or your children build each musical instrument:

Rain Stick:
instructables.com/id/Child-Friendly-Rain-Stick

School Agers:
School Agers can make their own band. They can make musical instruments, choose members of their band and come up with a band name and song. Once they have done that, they can perform their "hit song" in front of their class mates or for the parents. You can even put on a talent show! Below is a list of instruments they can make:

Tambourine:
firstpalette.com/craft/paper-plate-tambourine.html

Guitar:
pbs.org/parents/crafts-and-experiments/create-a-cardboard-guitar

Drums:
wikihow.com/Make-Drums-for-Kids

Microphone:
kiddieacademy.com/2014/03/pretend-play-microphone

Infants:
Introduce your infants to instruments like a drum, a shaker and bells! They can watch you as you play an instrument while listening to music.

Toddlers:
Your Toddlers will enjoy making their own instruments such as a "Rain-maker" or a Paper Tambourine.

In this activity. Your children will be able to become their favorite musician by using paper instruments! This will brighten their mood, develop their brain and increase language skills!



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KY-ELDS

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MASK COVERING CURRICULUM

(Ages 4 & up)



As we are all trying to get used to a sense of normalcy, we must still protect our children, staff and ourselves. While adults do not have a problem wearing masks, for some children wearing a masks can be scary and uncomfortable. Our Daily Bread CACFP has come up with ways to make children comfortable while wearing their masks. Here are some examples:

- Use simple words to explain why people are wearing masks.
- Answer any question the children may ask.
- Give them encouragement and support.
- Use unifying words: "WE are ALL going to wear a mask while WE play."

Some toddlers may still feel uncomfortable, however continue to reassure them. Here are some fun activities for wearing a masks:

SUPER HERO DAY!



If you would like to take "Super Hero Day" further, have the children make their own comic book. They can draw themselves wearing the masks in the comic book.

Everyone can decorate their masks by picking out a piece of fabric with their favorite super hero. To get the parents involved, have them make the capes while the teacher makes the masks. Here are some links on how to sew a masks together and a non-sewing masks.

Sewing method:
www.youtube.com/watch?v=LReYvXqO5-Q

Non-sewing method:
www.youtube.com/watch?v=gVmilweCgFU

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PEN PAL A HEALTH WORKER



Have the children write a letter to a health worker telling them how people wearing a masks will help them and how much they appreciate the work they do. *if possible* place a picture of the child wearing their masks in the letter.

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BECOME A MEDICAL PROFESSIONAL!



Some children have parents that are medical professionals, while others know someone who is a medical professional. They can become a medical professional for the day. Your children will have fun playing the role of any medical professional they like, rather it's a Doctor, Nurse or EMT.

THE EARLY LEARNING — LINK —



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